

## **Primary School Menu**

### Week One

# **September 2023 – July 2024**

# **FRIDAY**

#### **MONDAY**

Cheese & Tomato Pizza(v) /Ham pizza Chips(vg)

Coleslaw

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Tomato & Mascarpone Pasta (v)

**TUESDAY** 

Beef Lasagne Garlic Bread(v) Garden Peas(vg)

Quorn Lasagne (v)

WEDNESDAY

**Beef Mince & Dumplings** Creamed Potatoes(v) Swede(vg)

Sweetcorn(vg)

\* \* \* \* **Quorn Mince & Dumplings** (vg)

**Roast Turkey** 

Sage & Onion Stuffing(vg) Baby Boiled Potatoes(vg) Carrots(vg)

**THURSDAY** 

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Quorn Vegan Fillet (vg) Sage & Onion Stuffing(vg) Baby Boiled Potatoes(vg)

Carrots(vg)

Fish Fingers

Oven Roast Potatoes(vg)

Beetroot(vg)

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Cheese Roll (v)

Garden Peas(vg)

Selection of sandwiches

Selection of sandwiches

Selection of sandwiches

Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg) with Salad

DESSERT

Frozen Flavoured Yoghurt(v)

Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg)

with Salad

**DESSERT** 

Flapjack & Custard(v)

Filled Jacket Potato Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

**DESSERT** 

Fresh Fruit Salad(vg) Yoghurt(v)

Selection of sandwiches

Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg) with Salad

DESSERT

Iced Shortbread Finger(v)

Selection of sandwiches

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Filled Jacket Potato Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

**DESSERT** 

Chocolate Cookie(v)

Also available every day:

Choice of:

- Salad bar
- Fresh fruit selection
- Yoghurt

Choice of drinks:

- Fruit iuice
- Reduced fat milk
- Chilled water

Selection of fresh bread and rolls

Menus are subject to availability

(V) suitable for Vegetarians or (VG) Vegan diets



	Cheese and biscuits						
Primary School Menu	Week Two	September 2023 – July 202					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Pasta Pomodoro(v)	Pork Sausages Yorkshire Pudding <b>(v)</b>	Spaghetti Bolognese Garlic Bread <b>(v)</b>	Roast Chicken Fillet with Gravy	Battered Fish Chips <b>(vg)</b>			
Crusty Bread(vg)	Creamed Potatoes(v)	Broccoli (vg)	Oven Roast Potatoes(vg)	Spaghetti Hoops(v)			
Sweetcorn(vg)	Carrots(vg)	Peas & Sweetcorn (vg)					
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Cheese & Tomato Pizza <b>(v)</b> or Ham pizza Chips <b>(vg)</b>	Quorn sausage (vg)	Quorn Spaghetti Bolognese (vg)	Quorn fillet(v) Green Beans(vg)	Cheese Tortilla Wedge(v) Chips (vg)			
	Yorkshire Pudding(v)	Garlic Bread (v)		Coleslaw(v)			
	Creamed Potatoes(v)	Broccoli					
	Carrots (vg)						
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Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches			
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Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato			
Choice of Cheese(v) or	Choice of Cheese(v) or	Choice of Cheese(v),	Choice of Cheese(v) or	Choice of Cheese(v),			
Baked Beans (vg)	Baked Beans (vg)	Baked Beans (vg)	Baked Beans (vg)	Baked Beans (vg)			
with Salad	with Salad	or Tuna with Salad	with Salad	or Tuna with Salad			
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT			
Ice Cream Tub <b>(v)</b>	Chocolate Sponge & Chocolate Sauce(v)	Strawberry Mousse(v) Fresh Fruit Salad(vg)	Lemon Drizzle Cake(v)	Frozen Flavoured Yoghurt <b>(v)</b>			

Menus are subject to availability (V) suitable for Vegetarians or (VG) Vegan diets



Also available every day.	<ul> <li>Salad bar</li> <li>Fresh fruit seld</li> <li>Yoghurt</li> <li>Cheese and b</li> </ul>	<ul> <li>Chilled</li> </ul>	ice • Seed fat milk ro	election of fresh bread and olls
Primary School Menu	Week Three	Week Three September 2022 – July 2024		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese(v) Focaccia Bread(vg)	Beef Burger in a Bun (v) Baked Beans (vg)	BBQ Chicken Roast Potatoes	Minced Beef Pie Creamed Potatoes(v)	Fish <mark>Fingers</mark> Chips <b>(vg)</b>
Sweetcorn (vg)		Sweetcorn	Cauliflower (vg)	Garden Peas(vg)
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Pizza Margherita(v) or Ham pizza	Vege Burger in a Bun (v) Chips (vg)	BBQ Quorn fillet Oven Roast Potatoes	Quorn Mince Pie (vg)	Oven Baked Quorn Sausage (vg)
Potato Wedges(vg)	Garden Peas(vg)	Sweetcorn		Chips(vg)
Mixed Salad(vg)				Baked Beans(vg)
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Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches
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Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg) with Salad	Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg) with Salad	Filled Jacket Potato Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad	Filled Jacket Potato Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad	Filled Jacket Potato Choice of Cheese(v) or Baked Beans (vg) with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Sticky Orange Sponge  Menus are subject to available	Carrot Cake Muffin(v)	Rice Pudding &	Fresh Fruit Salad (vg)	Chocolate Brownie(v)

Choice of drinks:

Also available every day:

(V) suitable for Vegetarians or (VG) Vegan diets

Choice of:



& Custard(v) Peaches(v) Yoghurt(v)

Also available every day:	Choice of:	Choice of drinks:	
	<ul> <li>Salad bar</li> </ul>	<ul> <li>Fruit juice</li> </ul>	<ul> <li>Selection of fresh bread and</li> </ul>
	<ul> <li>Fresh fruit selection</li> </ul>	<ul> <li>Reduced fat milk</li> </ul>	rolls
	<ul><li>Yoghurt</li></ul>	<ul> <li>Chilled water</li> </ul>	<ul> <li>Cheese &amp; Biscuits</li> </ul>