| Primary School Menu | Week One | September 2023 - July 2024 |  | City Council |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cheese \& Tomato Pizza(v) /Ham pizza Chips(vg) | Beef Lasagne | Beef Mince \& Dumplings | Roast Turkey | Fish Fingers |
|  | Garlic Bread(v) | Creamed Potatoes(v) | Sage \& Onion Stuffing(vg) |  |
|  | Garden Peas(vg) | Swede(vg) | Baby Boiled Potatoes(vg) | Oven Roast Potatoes(vg) |
| Coleslaw | Garden Peas(vg) | Sweetcorn(vg) | Carrots(vg) | Beetroot(vg) |
| Tomato \& Mascarpone Pasta (v) | * * * * | * * * * | * * * * | * * * * |
|  | Quorn Lasagne (v) | Quorn Mince \& Dumplings (vg) | Quorn Vegan Fillet (vg) Sage \& Onion Stuffing(vg) Baby Boiled Potatoes(vg) | Cheese Roll (v) |
|  |  |  | Carrots(vg) | Garden Peas(vg) |
| Selection of sandwiches | * * * | * * * | * * * | * * * |
|  | Selection of sandwiches | Selection of sandwiches | Selection of sandwiches | Selection of sandwiches |
| * * * | * * * | * * * | * * * | * * * |
| Filled Jacket Potato | Filled Jacket Potato | Filled Jacket Potato | Filled Jacket Potato | Filled Jacket Potato |
| Choice of Cheese(v) or Baked Beans (vg) with Salad | Choice of Cheese(v) or Baked Beans (vg) with Salad | Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad | Choice of Cheese(v) or Baked Beans (vg) with Salad | Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad |
| DESSERT | DESSERT | DESSERT | DESSERT | DESSERT |
| Frozen Flavoured Yoghurt(v) | Flapjack \& Custard(v) | Fresh Fruit Salad(vg) Yoghurt(v) | Iced Shortbread Finger(v) | Chocolate Cookie(v) |
| Also available every day: | Choice of: <br> - Salad bar <br> - Fresh fruit sel <br> - Yoghurt | Choice of dri <br> - Fruit juic <br> - Reduce <br> - Chilled | inks: Sele <br> rolls  | ection of fresh bread and |

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

- Cheese and biscuits

Primary School Menu Week Two
MONDAY
Pasta Pomodoro(v)

Crusty Bread(vg)
Sweetcorn(vg)

Cheese \& Tomato Pizza(v) or Ham pizza Chips (vg)

TUESDAY
Pork Sausages Yorkshire Pudding(v)
Creamed Potatoes(v) Carrots(vg)

## Quorn sausage (vg)

Yorkshire Pudding(v)
Creamed Potatoes(v)
Carrots (vg)

Selection of sandwiches $* * * *$
Filled Jacket Potato
Choice of Cheese(v) or Baked Beans (vg) with Salad

Selection of sandwiches

Filled Jacket Potato
Choice of Cheese(v) or Baked Beans (vg) with Salad

## DESSERT

Ice Cream Tub (v)

## DESSERT

Chocolate Sponge \& Chocolate Sauce(v)

September 2023 - July 202
WEDNESDAY
Spaghetti Bolognese Garlic Bread(v)
Broccoli (vg)


Garlic Bread (v)
Broccoli

Selection of sandwiches

Filled Jacket Potato
Choice of Cheese(v),
Baked Beans (vg) or Tuna with Salad

## THURSDAY

Roast Chicken Fillet with Gravy
Oven Roast Potatoes(vg)
Peas \& Sweetcorn (vg)

Quorn fillet(v) Green Beans(vg)

Selection of sandwiches

Filled Jacket Potato
Choice of Cheese( $\mathbf{v}$ ) or Baked Beans (vg) with Salad

## DESSERT

Lemon Drizzle Cake(v)

## FRIDAY

Battered Fish Chips(vg)
Spaghetti Hoops(v)

Cheese Tortilla Wedge(v)
Chips (vg)
Coleslaw(v)

## Selection of sandwiches

 Filled Jacket Potato Choice of Cheese(v),Baked Beans (vg) or Tuna with Salad

## DESSERT

Frozen Flavoured Yoghurt(v)

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

| Also available every day: | Choice of: <br> - Salad bar <br> - Fresh fruit selection <br> - Yoghurt <br> - Cheese and biscuits | Choice of drinks: <br> - Fruit juice <br> - Reduced fat milk <br> - Chilled water |  | lection of fresh bread and ls |
| :---: | :---: | :---: | :---: | :---: |
| Primary School Menu | Week Three | September 2022 - July 2024 |  |  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Macaroni Cheese(v) <br> Focaccia Bread(vg) | Beef Burger in a Bun (v) Baked Beans (vg) | BBQ Chicken Roast Potatoes Sweetcorn | Minced Beef Pie Creamed Potatoes(v) | Fish Fingers Chips(vg) |
| Sweetcorn (vg) |  |  | Cauliflower (vg) | Garden Peas(vg) |
| * * * * | * * * * | * * * * | * * * | * * * * |
| Pizza Margherita(v) or Ham pizza | Vege Burger in a Bun (v) Chips (vg) | BBQ Quorn fillet Oven Roast Potatoes Sweetcorn | Quorn Mince Pie (vg) | Oven Baked Quorn Sausage (vg) |
| Potato Wedges(vg) | Garden Peas(vg) |  |  | Chips(vg) |
| Mixed Salad(vg) |  |  |  | Baked Beans(vg) |
| * * * * | * * * | * * * * <br> Selection of sandwiches | Selection of sandwiches | Selection of sandwiches |
| Selection of sandwiches | Selection of sandwiches |  |  |  |
| * * * * | * * * * | * * * * | * * * | * * * |
|  | Filled Jacket Potato | Filled Jacket Potato | Filled Jacket Potato |  |
| Filled Jacket Potato | Choice of Cheese(v) or Baked Beans (vg) with Salad | Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad | Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad | Filled Jacket Potato |
| Choice of Cheese(v) or Baked Beans (vg) with Salad |  |  |  | Choice of Cheese(v) or Baked Beans (vg) with Salad |
| DESSERT | DESSERT | DESSERT | DESSERT | DESSERT |
| Sticky Orange Sponge | Carrot Cake Muffin(v) | Rice Pudding \& | Fresh Fruit Salad (vg) | Chocolate Brownie(v) |

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

Yoghurt(v)

| Also available every day: | Choice of: | Choice of drinks: |  |
| :--- | :--- | :--- | :--- |
|  | $\bullet$ Salad bar | $\bullet$ | Fruit juice |
|  | $\bullet$ Fresh fruit selection | $\bullet$ | Reduced fat milk |

