



## School Multi-Sports Coaching

Lee Sterry Sports Coaching • 23 Meadowfield Avenue • Fawdon • Newcastle upon Tyne • NE3 3NT  
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**WEDNESDAY AFTER SCHOOL MULTI SPORTS FOR BOYS AND GIRLS**  
Children must be pre – Registered, Book early to Avoid Disappointment

COURSE INFORMATION				11 WEEK COURSE
ARCHBISHOP RUNCIE				
Venue	Dates	Year group	Time	Course Fee
INDOORS	24TH APRIL – 10TH JULY	YR1 & 2	3.30PM --- 4.30PM	£44

### Course Programme:

This is a novel, exciting and challenging programme of activities. Through the use of specialist training equipment and obstacles, this programme is used to train young children to improve the quality of their play, and develop multi-directional skills, speed, agility, coordination and quickness. The benefits of this training contribute significantly to a child's overall quality of life. It can also improve the quality of after school / extra curricular activity.

### Coaching staff:

The programme will be delivered by fully qualified coaches who have significant and specialised experience of working with young players. Coaches possess first aid certificates and are CRB checked.

### Equipment:

Participants will require full playing kit, trainers for indoors and suitable clothing & footwear for those outdoors. Please also bring a drink.

### Limited places:

To ensure quality of coaching for the participants, places are unfortunately limited, therefore the course will operate on a first come first serve basis, coach ratio 1-16.

### Closing date will be:

Day before course is due to start. Unless you hear otherwise, please assume your child has been successful in obtaining a place on this course.

If you wish your child to participate in the above course then please complete the form below and return it to the address shown at the top of this information letter.

If you have any queries, or if your child is unable to attend this particular course, but you would like information sent out regarding future courses, then please do not hesitate to contact Lee on: 0191 285 6203 or 07729 058 119

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### ACTIVITIES LEE STERRY SPORTS COACHING PROVIDES

IN-SCHOOL AND AFTER-SCHOOL SPORTS COACHING  
TEAM FOOTBALL FOR JUNIOR AND ADULT CLUBS  
SCHOOL HOLIDAY FOOTBALL COACHING COURSES  
WEEKLY FOOTBALL COACHING PROGRAMMES,  
LEADING TO LINKS WITH LOCAL CLUBS  
COACHING FOR CHILDREN'S PARTIES

**PLEASE CONTACT LEE FOR FURTHER INFORMATION**

DESIGNED BY YELLOW TIGER  
DESIGN & MARKETING

Course ..... Venue ..... Time ..... Date .....

Child's Name ..... Age ..... D.O.B. ....

Address ..... School ..... Year Group.....

..... Post Code ..... Parents Email Address.....

Tel No ..... (when child is on course)

Emergency Tel No ..... (when child is on course)

Medical Conditions (if any) that the coach should be made aware of .....

I enclose the course fee of £ ..... (please make cheques payable to L Sterry Sports Coaching and write child's name on reverse)

I agree to photography being taken of my child if required for promotional purposes only YES NO Signature of Parent / Guardian ..... Date .....

It is understood that any personal loss or injury the applicant may sustain whilst participating is entirely at their own risk.