



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

(Menu Option 2wnh)

| Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------|
| Main Course | Margherita Pizza Slice (v) Sweet Potato Fries (vg) | Sizzling Sausages with Gravy & Yorkshire Pudding Mashed Potato (v) | Traditional Minced Beef with Dumpling Roast Potatoes (v) | Tex Mex Chicken Enchilada Mexican Rice (v) Chopped Mixed Salad (vg) | Golden Fish Finger or Salmon Bites Chips (vg) |
| Main Course | Oven Baked Quesadilla (v) Sweet Potato Fries (vg) | Sizzling Quorn Sausage with Gravy & Yorkshire Pudding (v) Mashed Potato (v) | Mexican Style Wrap (v) Roast Potatoes (v) | Rich Pasta Bake (v) Jacket Wedges (v) | Cheese & Onion Quiche (v) Chips (vg) |
| Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options | | | | | |
| Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v) | Chocolate Muffin (v) | Vanilla Melting Moment Cookie (v) | Fruity Flapjack with Vanilla Custard (v) | Frozen Yoghurt (v) | Steamed Syrup Sponge with Custard (v) |
| Week 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Main Course | Margherita Pizza Slice (v) Seasoned Wedges (vg) | Sizzling Pork Sausage Yorkshire Pudding Mashed Potato (v) | Traditional Roast Chicken Roast Potatoes (v) | Classic Beef Cottage Pie | Golden Breaded Fish Star Chips (vg) |
| Main Course | Roasted Mediterranean Pizza Slice (v) Seasoned Wedges (vg) | Sizzling Quorn Sausage Yorkshire Pudding (v) Mashed Potato (v) | Mexican Quorn Burrito (v) Roast Potatoes (v) | Rich Tomato & Basil Penne Pasta (v) Chopped Mixed Salad (vg) | Golden Quorn Fingers (vg) Chips (vg) |
| Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options | | | | | |
| Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v) | Chocolate Crunch Cookie (v) | Fruit in Jelly with Ice Cream (v) | Pancakes with Toffee Sauce & Sliced Banana (v) | Chocolate & Vanilla Marble Cake with Custard (v) | Oat & Honey Muffin (v) |
| Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Main Course | Margherita Pizza Slice (v) Chopped Mixed Salad (vg) Cucumber & Carrot Sticks (vg) | Classic Mild Chicken Korma Curry, Naan Bread (v) Steamed Mixed Rice (vg) | Traditional All-Day Breakfast (Sausage, Hash Brown, Beans, Omelette) | Classic Chicken Pie Mashed Potato (v) | Golden Battered Fish Fillet Chips (vg) |
| Main Course | Crispy Golden Fingers (v) Chopped Mixed Salad (vg) Cucumber & Carrot Sticks (vg) | Rich Pasta Pomodoro (v) Garlic Dough Ball (v) | Traditional All-Day Breakfast (v) (Sausage, Hash Brown, Beans, Omelette) | Classic Quorn Pie (v) Mashed Potato (v) | Crispy Quorn Dippers (vg) Chips (vg) |
| Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options | | | | | |
| Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v) | Ice Cream with Shortbread Finger (v) | Sticky Toffee Pudding with Toffee Sauce (v) | Homemade Ginger Biscuit (v) | Frozen Yoghurt (v) | Orange Sponge with Chocolate Custard (v) |

| Week 1 | Week 2 | Week 3 |
|------------|------------|------------|
| 2 Sept 24 | 9 Sept 24 | 16 Sept 24 |
| 23 Sept 24 | 30 Sept 24 | 7 Oct 24 |
| 14 Oct 24 | 21 Oct 24 | 4 Nov 24 |
| 11 Nov 24 | 18 Nov 24 | 25 Nov 24 |
| 2 Dec 24 | 9 Dec 24 | 16 Dec 24 |
| 6 Jan 25 | 13 Jan 25 | 20 Jan 25 |
| 27 Jan 25 | 3 Feb 25 | 10 Feb 25 |
| 17 Feb 25 | | |

CHOICE OF DRINKS:

Fruit juice
Reduced fat milk
Chilled water

Menus are subject to availability
(v)suitable for vegetarians (vg)
vegan diets