

GUIDE TO FIONA FIVE

Brief version of the story

Fiona Five is the manager of the Ten Town Sports and Leisure Centre and helps the other people in Ten Town to stay healthy. She is also an athlete who plays five different sports – tennis, archery, swimming, wheelchair racing and basketball. She is one of the Ten Town characters who faces away from King One but this is for good reason. When Fiona Five helps King One to keep fit she leads him round the Ten Town park.



HOW TO INTRODUCE FIONA FIVE

What you need to have ready:

King One's crown (see PA1.09)

Fiona Five's headband and a real wheelchair or a chair with a hoop to be the 'wheel'

What you say to the children is in italics

What you do is in brackets

Fiona Five's story

(Hold up the Fiona Five Flash Card with the character side showing)

This is Fiona Five. She is the manager of the Ten Town Sports and Leisure Centre and she helps the other people in Ten Town stay healthy. She also helps them to choose five healthy foods to eat every day.

(Turn the Fiona Five flashcard to show the number-side)

Fiona Five has a special sports wheelchair because she is an athlete who enjoys playing lots of different sports, her favourites are tennis, archery, swimming, wheelchair racing and basketball.

(Hold up the King One Flash Card with the number-side showing, to the left of Fiona Five)

King One wanted to get fit so she takes him out training in the Ten Town park. She is facing away from King One because she is leading him round the park and she is faster than him!

(Re tell the story, with one child being King One with his crown and one child being Fiona Five, sitting in a wheelchair, or on a chair with a 'hoola hoop' as the wheel, facing away from King One)

Number Formation

(Hold up the Fiona Five flash card)

Let's write a number five together:

**“Down her back, round you go,
Arms out straight, don't be slow”**

Ideas for practical number formation

- Ask the children to come and write a number five on the board
- Ask the children to re-tell Fiona Five's story in their own words.
- Ask a few children to come and “trace” over the number on both sides of the flashcard with their fingers.
- Make number five's using thick string glued onto card. The children can then take 'rubblings'.
- Draw very large five's in chalk on the hall floor or in the playground for the children to walk around. Encourage them to repeat the rhyme as the walk.
- Laminate a picture of Fiona Five and ask the children to form the number using Play-doh or Plasticine. (Reusable A4 laminated character cards are available to purchase separately for this purpose).
- Once the children have practiced writing five's in the air and in sand, move onto writing on a chalk board, white board or IWB.

Where next?

Ten Town was created primarily as a numeracy scheme, however Ten Town offers many cross-curricular opportunities that can be implemented across all the areas of learning and development within the revised EYFS framework.

Early years practitioners have found Fiona Five a very useful way to introduce concepts relating to Personal, Social and Emotional development (PSE). In particular, stimulating discussion and activities about how people have different needs and abilities, treating people with respect and for developing goals relating to a sense of community.

Fiona Five has also been used to introduce concepts relating to Physical Development (P). In particular, stimulating discussion about the benefits of exercise and healthy eating and developing goals for movement and using equipment.

Fiona Five also links to Communicating and Language (CL) as children play games that involve speaking and listening.

As with all of Ten Town, there are links to Expressive Arts and Design (EAD) as the children learn about the Fiona Five they will sing songs, dance and use their imagination during the many opportunities for role-play and storytelling.

There are a range of teaching resources for the character Fiona Five.

Fiona Five's printable resources:

- **Practical Activities (PAs).**
There are 9 Fiona Five Practical Activities including things to make like *Healthy Eating Posters* and things to do like *Fiona Five's Taste Test* along with over 25 suggested extension tasks. Each activity contains suggested areas of learning and development along with the Early Learning Goals that the activities work towards.
- **Consolidation Activity Sheets (CAs).**
These printable sheets include "identifying sets of five" sheets, a number formation tracing sheet, as well as some fun colouring-in activities.
- **Sing-a-long Song Lyrics**
To help you accompany Fiona Five's song.
- **Finger Modelling sheet**
How to finger model the numbers.
- **Fiona Five's Certificates**
There are four certificates available to print
 - i) For demonstrating correct number formation
 - ii) For good work
 - iii) For good effort
 - iv) The Ten Town Reward Chart - to be used with the Ten Town Sticker Set (sold separately)

Fiona Five's online resources (also via Ten Town Map):

- **Fiona Five's animation**
Animated introduction to the Fiona Five story
- **Fiona Five's song**
Animated version of Fiona Five songs (To the tune of "Yankee Doodle")
- **Fiona Five's Tracing Game**
Practice formation of the number five. The two levels allow for differing abilities of mouse control.
- **Fiona Five's More or Less Game (Coming Soon)**
This is a fun way to practice this important mathematical concept.
- **Fiona Five's Activities**
These are interactive versions of the "find the sets" consolidation activities. They can be modelled as a group activity on an IWB or then played by an individual on a computer.

- **Ten Town TV: Fiona Five Sport's Day**

Created and presented by nursery year pupils from St Gregory's Catholic Primary School, Longton. Fiona Five organising a sports day for her friends in Ten Town.

Coming Soon:

Fiona Five Milkshake Mash Up Game – help Fiona Five collect fruit to make healthy milkshake for five of her friends.

How to use the resources:

Below is a flow chart that gives you a simple way to use the resources. This is just a suggestion. You can use them to suit your children's learning style.

As there are many Practical Activities, Interactive and Printed Consolidation Activities, these can be repeated as required.

FIONA FIVE: SUGGESTED LEARNING PATHWAY