

# Archbishop Runcie CE First School Menu 2021-22



|               | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|---------------|--|---|--|---|--|
| <b>Week 1</b> | Cheese and Tomato Pizza (v)<br>Chips, Coleslaw<br>Sandwich selection<br>* * * *<br>Frozen Flavoured<br>Yoghurt   | BBQ Chicken Fillet /<br>BBQ Quorn Fillet (v)<br>Seasoned Potato Wedges<br>Baked Beans<br>Sandwich selection<br>* * * *<br>Flapjack with Custard       | Cheeseburger / Meat Free<br>Cheeseburger (v) in Bun<br>Chips, Sweetcorn<br>Sandwich selection<br>* * * *<br>Melting Moment Biscuit   | Port/Quorn (v) Sausages<br>Sage and Onion Stuffing<br>Baby Boiled Potatoes,<br>Yorkshire pudding, Carrots<br>Sandwich selection<br>* * * *<br>Chocolate Cake<br>with Chocolate Sauce  | Cod Fish Fingers or Cheese and<br>Onion Quiche (v)<br>Oven Roast Potatoes<br>Beetroot, Garden Peas<br>Sandwich selection<br>* * * *<br>Strawberry Cupcake<br>Chilled Drink |
| <b>Week 2</b> | Macaroni Cheese (v)<br>Focaccia Bread<br>or Quorn Dippers (v)<br>with Seasoned Wedges, Garden Peas<br>Sandwich selection<br>* * * *<br>Madeleine Sponge with Custard | Baked Low Fat Pork<br>or Quorn (v) Sausages<br>Creamed Potatoes<br>Broccoli<br>Sandwich selection<br>* * * *<br>Lemon Drizzle Cake<br>with Custard    | Spaghetti /Quorn (v) Bolognese<br>Garlic Bread<br>Sweetcorn<br>Or<br>Cheese Omelette (v),<br>Hash Browns,<br>Baked Beans<br>Sandwich selection<br>* * * *<br>Chocolate Banana Muffin | Roast Chicken/Quorn (v) Fillet,<br>Yorkshire Pudding<br>Oven Roast Potatoes<br>Savoy Cabbage<br>Or Tuna or Cheese Tortilla<br>Wedges(v), Oven Roast Potatoes,<br>Coleslaw<br>Sandwich selection<br>* * * *<br>Ice Cream Tub with<br>Shortbread Finger | Cod Fishcake,<br>Chips, Spaghetti Hoops<br>Quorn and Vegetable Pie (v)<br>Creamed Potatoes, Carrots<br>Sandwich selection<br>* * * *<br>Anzac Biscuit                      |
| <b>Week 3</b> | Pasta Pomodoro (v)<br>Garlic Bread<br>Sweetcorn<br>or Fish Fingers, (v)<br>Chips, Garden Peas<br>Cheese Sandwich (v)<br>* * * *<br>Frozen Strawberry Mousse          | Quorn Burger (v) or Beef Burger in<br>Bun, Oven Roast Potatoes<br>Baked Beans<br>Sandwich selection<br>* * * *<br>Sticky Date Pudding<br>with Custard | Meat Balls in Gravy<br>Creamed Potatoes, Broccoli<br>or Pizza Margherita (v)<br>Seasoned Wedges, Sweetcorn<br>Sandwich selection<br>* * * *<br>Rice Pudding<br>with Peaches          | Roast Beef / Quorn Fillet (v)<br>Yorkshire Pudding<br>Oven Roast Potatoes '<br>Carrots<br>Sandwich selection<br>* * * *<br>Pineapple Upside Down Cake with<br>Custard   | Crispy Coated Fish<br>or Quorn Sausage Roll (v)<br>Chips, Garden Peas, Baked Beans<br>Sandwich selection<br>* * * *<br>Fresh Fruit Salad<br>or Yoghurt                     |

**Available Daily** Jacket Potato with Choice of Filling Cheese, Baked Beans (v) or Tuna

Sandwich selection of Ham, Cheese, Tuna Mayo, Egg Mayo

Selection of fresh bread and rolls

Choice of drinks: Fruit juice drink, reduced fat milk, chilled drinking water

Fresh Fruit Selection, Yoghurt and Cheese and Biscuits