

Got an itch? Tummy trouble? Tickly cough?

NHS

**Head to your
local pharmacy.**

Did you know? Pharmacists across the North East and North Cumbria can offer advice and FREE treatment for a wide range of common conditions* – just like having a prescription from your GP!

Please ask your pharmacy team for more details and eligibility.

Hay fever 1 year+

Stings & Rashes 1 year+

Infected insect bites 1 year+

Headlice 1 year+

Earache 1 to 17 years

Impetigo 1 year+

UTI's non pregnant women 16-64 years

Additional conditions can be treated, without the need to visit a GP. Ask a member of your pharmacy team about the minor ailments scheme.

Step 1

Go to your local community pharmacy (chemist) about your illness and they will offer advice.

Step 2

If needed, you will be offered treatment and if you qualify, this will be given free of charge.

Step 3

A suitable medicine may be offered to you.*

*You qualify for free treatment if you do not pay for your prescriptions.



**Find further information at:
www.thinkpharmacyfirst.health**

