



# Primary School Lunch Menu

SEPTEMBER - FEBRUARY

(Menu Option 2wnh)

| Week 1  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|--|---|---|--|
| <b>Main Course</b>  | Margherita Pizza Slice (v)<br>Sweet Potato Fries (vg)                                   | Sizzling Sausages with Gravy & Yorkshire Pudding<br>Mashed Potato (v)          | Traditional Minced Beef with Dumpling<br>Roast Potatoes (v)                 | Tex Mex Chicken Enchilada<br>Mexican Rice (v)<br>Chopped Mixed Salad (vg) | Golden Fish Finger or Salmon Bites<br>Chips (vg) |
| <b>Main Course</b>  | Oven Baked Quesadilla (v)<br>Sweet Potato Fries (vg)                                    | Sizzling Quorn Sausage with Gravy & Yorkshire Pudding (v)<br>Mashed Potato (v) | Mexican Style Wrap (v)<br>Roast Potatoes (v)                                | Rich Pasta Bake (v)<br>Jacket Wedges (v)                                  | Cheese & Onion Quiche (v)<br>Chips (vg)          |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |   |   |  |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese & Biscuits (v)   | Chocolate Muffin (v)  | Vanilla Melting Moment Cookie (v)  | Fruity Flapjack with Vanilla Custard (v)                                    | Frozen Yoghurt (v)  | Steamed Syrup Sponge with Custard (v)            |
| Week 2  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
| <b>Main Course</b>  | Margherita Pizza Slice (v)<br>Seasoned Wedges(vg)                                       | Sizzling Pork Sausage<br>Yorkshire Pudding<br>Mashed Potato (v)                | Traditional Roast Chicken<br>Roast Potatoes(v)                              | Classic Beef Cottage Pie  | Golden Breaded Fish Star<br>Chips (vg)           |
| <b>Main Course</b>  | Roasted Mediterranean<br>Pizza Slice (v)<br>Seasoned Wedges (vg)                        | Sizzling Quorn Sausage<br>Yorkshire Pudding (v)<br>Mashed Potato(v)            | Mexican Quorn Burrito(v)<br>Roast Potatoes(v)                               | Rich Tomato & Basil<br>Penne Pasta (v)<br>Chopped Mixed Salad (vg)        | Golden Quorn Fingers (vg)<br>Chips (vg)          |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |   |   |  |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese & Biscuits (v)   | Chocolate Crunch Cookie (v)   | Fruit in Jelly with Ice Cream (v)  | Pancakes with Toffee Sauce & Sliced Banana (v)                              | Chocolate & Vanilla Marble Cake with Custard (v)                          | Oat & Honey Muffin (v)                           |
| Week 3  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
| <b>Main Course</b>  | Margherita Pizza Slice (v)<br>Chopped Mixed Salad (vg)<br>Cucumber & Carrot Sticks (vg) | Classic Mild Chicken<br>Korma Curry, Naan Bread (v)<br>Steamed Mixed Rice (vg) | Traditional All-Day Breakfast<br>(Sausage, Hash Brown, Beans, Omelette)     | Classic Chicken Pie<br>Mashed Potato (v)                                  | Golden Battered Fish Fillet<br>Chips (vg)        |
| <b>Main Course</b>  | Crispy Golden Fingers (v)<br>Chopped Mixed Salad (vg)<br>Cucumber & Carrot Sticks (vg)  | Rich Pasta Pomodoro (v)<br>Garlic Dough Ball (v)                               | Traditional All-Day Breakfast (v)<br>(Sausage, Hash Brown, Beans, Omelette) | Classic Quorn Pie (v)<br>Mashed Potato (v)                                | Crispy Quorn Dippers (vg)<br>Chips (vg)          |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |   |   |  |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese & Biscuits (v)   | Ice Cream with Shortbread<br>Finger (v)   | Sticky Toffee Pudding with Toffee<br>Sauce (v)                                 | Homemade Ginger Biscuit (v)   | Frozen Yoghurt (v)  | Orange Sponge with<br>Chocolate Custard (v)      |

| Week 1     | Week 2     | Week 3     |
|------------|------------|------------|
| 2 Sept 24  | 9 Sept 24  | 16 Sept 24 |
| 23 Sept 24 | 30 Sept 24 | 7 Oct 24   |
| 14 Oct 24  | 21 Oct 24  | 4 Nov 24   |
| 11 Nov 24  | 18 Nov 24  | 25 Nov 24  |
| 2 Dec 24   | 9 Dec 24   | 16 Dec 24  |
| 6 Jan 25   | 13 Jan 25  | 20 Jan 25  |
| 27 Jan 25  | 3 Feb 25   | 10 Feb 25  |
| 17 Feb 25  |            |            |

## CHOICE OF DRINKS:

- Fruit juice
- Reduced fat milk
- Chilled water

Menus are subject to availability  
(v)suitable for vegetarians (vg)  
vegan diets

