



Newsletter 14

2nd April 2026

Headteacher Message



As we approach the end of a busy term, I want to take a moment to thank our staff and children for their hard work this term.

It was lovely to see so many of you at our recent Nursery & Reception 'Stay and play' sessions and to welcome some new Nursery faces to our school family at our open evening last week. Thank you also to the families who have joined us this term for our parent/carer workshops - these were really well attended with positive feedback.

We have a couple of upcoming staffing changes after Easter: Miss Cooper has decided to drop her cleaning duties from ARFS but will still be here for Breakfast Club and at lunchtimes. Yesterday, we said farewell to Mrs Rusby who has been helping out during Mrs Gyle's absence. Mrs Gyle was due to return after Easter but her recovery is taking slightly longer than planned. We know you will join us in wishing her well and we all look forward to seeing her, back at work, soon.

I'm delighted to say that Nursery is very nearly full for after Easter and for September but we do have a small number of spaces available for 15 hours (Wednesday afternoon, Thursday and Friday). Please do let any friends and families who may be interested know.

We have had a wonderful last day in school today reflecting on and journeying through the events of Holy Week. The children have made me really proud! As I type, the children are running around the school field, in the sunshine, taking part in an Easter trail before they receive a chocolate egg. The joy is tangible!

I hope you all have a restful and chocolate-filled Easter break, and we look forward to welcoming everyone back, refreshed and ready for the excitement of the summer term, on Monday 20th April.

With my very best wishes,

Kate Massey

Attendance



Did you know ...?

WORKING TOGETHER TO IMPROVE SCHOOL ATTENDANCE

- Good attendance at school is essential for children to get the most out of their school experience, including their attainment, wellbeing and wider life chances.
 - Nurseries and first schools play a vital role in embedding good attendance habits.
 - Even at first school, children with the highest attendance have higher rates of attainment.
 - National data shows us that children not meeting the expected standard in reading, writing and maths.
 - For the most vulnerable pupils, regular attendance is also an important protective factor and the best opportunity for children's needs to be identified and support provided. Research has shown there are clear links between regular absence from school and harm to children.
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- 95% attendance = two weeks absence
 - 90% attendance = 4 weeks absence
 - 85% attendance = 6 weeks absence

- 80% attendance = more than half a term of absence
- 75% attendance = more than 9 weeks of absence

Please remember that I am unable to authorise absences during term time for family holidays. We would be grateful if parents/carers could also inform grandparents, family and friends, who may be looking to book birthday or Christmas trips away, that these do not fall under exceptional circumstances and will not be authorised.

If you need any support regarding attendance, please do not hesitate to come and speak to us as we can help you access support from the school nurse, attendance officer or other appropriate services.

We recognise that children may sometimes have a legitimate reason to be absent from school, and we are also aware that some families face difficulties which may impact on their child's education, therefore, the traffic light system has been put in place to support families by highlighting concerns at an early stage.

We hope that you will continue to support our school by promoting school attendance and by informing us if you feel there are any issues that are preventing your child from attending school regularly.

Our full school Attendance Policy can be found on our website.

Promoting good attendance

As part of weekly celebration worship:

- The benefits of good school attendance are shared
- The attendance of each class is monitored each week and the class with the highest attendance earns an extra playtime. This is recorded in the main school hall.
- One child from each class with 100% attendance is selected each week to visit the Dojo Shop in school.

Half termly:

- The overall attendance of each class is monitored each half term and the class with the highest attendance earns reward.

Termly:

- Attendance data is shared with parents and carers via parent-teacher consultations (autumn & spring) and end of year reports (summer).

"Improving school attendance is everyone's business." Please support us in promoting the benefits of good attendance with your child - not only for their education but, also, to support their wellbeing and future life chances.



1 - Mrs Jan Gurkin

If you would like to discuss this further, please get in touch with our attendance officer Jan Gurkin (jan.gurkin@clennelleducationsolutions.org).

Attendance Headlines

Whole school attendance:

- w/c 23/03/2026 - 97%
- w/c 30/03/2026 - 96%

Highest class attendance:

- w/c 23/03/2026 Years 1 & 4 - 98%
- w/c 30/03/2026 Year 4 - 98%

Absence Headlines

During this fortnight, 145 mins of learning time have been missed in school due to lateness. Please try to arrive on time at school, between 8:35am – 8:45am. Thank you. Our first lesson of the day is reading so children arriving late miss vital learning.

For children who arrive late, more than once in a week, we run a Friday lunchtime catch-up session with class teachers.

Whole school absence:

- w/c 23/03/2026 - 3%
- w/c 30/03/2026 - 4%

Absence caused by holidays:

- w/c 23/03/2026 - 0.5%
- w/c 30/03/2026 - 0.5%

Other absences:

- w/c 23/03/2026 - 2.5%
- w/c 30/03/2026 - 3.5%



2 - <https://www.newcastle.gov.uk/services/schools-learning-and-childcare/parent-information/school-attendance-and-absence>

Leave of Absence requests can be made to the Headteacher *in advance* by the parent/carer the child normally lives with if you want to take your child out of school during term time, however, it is only able to be authorised if there are exceptional circumstances. You can be fined for taking your child out of school without the school's permission.

Please note, as per DfE guidance, we routinely refer families who have taken holidays during term time to the LA for fixed-penalty notices:

- For first offences within a three-year rolling period, each parent/carer could be fined £160 to be paid within 28 days, which can be reduced to £80 if paid within 21 days.
- For second offences within a three-year rolling period, each parent/carer could be fined £160 to be paid within 28 days, with no option to pay a reduced amount.
- For your third offence within a three-year rolling period, parents/carers will not be issued with a fine and will be referred straight to court. This could be a fine of up to £2,500, a community order or a jail sentence up to 3 months. The court also gives Parenting Orders.

School Celebrations!



Demonstrating Love

Nursery

- Seb
- Astrid

Reception

- Nooran
- Amyah

Year 1

- Oliver Y
- Gabby

Year 2

- James
- Ada

Year 3

- Felix
- Mika

Year 4

- Elvis
- Joshua

Staff

- Mrs Ahmed
- Miss Cooper



Demonstrating Determination

Nursery

- Matilda
- Meila

Reception

- Umar
- Yusuf

Year 1

- Molly
- Suleman

Year 2

- Annabelle
- Hooriya
- Sami

Year 3

- Melissa
- John

Year 4

- Max Cr
- Teddy

Staff

- Mrs Armstrong
- Mr Hunter



TIMES TABLES ROCKSTARS

By the end of Year 4, children are expected to know all their multiplication tables up to 12 x 12 and Year 4 children undertake their statutory Multiplication Tables Check in the summer term.

On Friday 27th March, Year 1 enjoyed dressing up as rockstars to launch TTRS! After the Easter holidays, Year 1 will begin their multiplication and division unit in maths lessons and be able to practise their 2, 5 and 10x table at home and in school!

TTRS - Highest engagement

Year 2- Haniya

Year 3 - Eisa

Year 4 - Joshua

TTRS - Highest accuracy

Year 2- Carter

Year 3 - Felix

Year 4 - Esim

Current Rank amongst nearby schools: 56/103

Mean studio speed (seconds per question): 3.49



HANDWRITING HEROES

As a school, we continue to have a real drive to improve handwriting, letter formation and presentation of work. Each week, class teachers will choose someone who has worked hard to improve their presentation or who consistently demonstrates exemplary standards of presentation. Well done and thank you to the following children:

Year 1

- Amanah
- Ziyad

Year 2

- Mehr
- Penny

Year 3

- Dipti
- Marwa

Year 4

- Teddy
- Mia

Social Action Groups



At ARFS, our social action groups serve as a practical outworking of the school's theologically rooted Christian vision, empowering our children to become "courageous advocates" for change. These groups encourage children to live out our school values of love and determination by identifying and responding to needs within their local and global communities.

By participating in these social action groups, our children develop early leadership skills and a lifelong commitment to social responsibility, recognising that their voices and actions can truly improve the lives of others.



3 - Green Team



4 - Energy Champions



5 - Play Leaders



6 - Library Champions



7 - Worship Council



8 - School Council



9 - Hall monitors



SCHOOL COUNCIL

School council met today to talk through what we have enjoyed so far this academic year and what we would like to achieve in the summer term. We then ended our meeting with a little Easter treat to thank them all for their hard work so far this year.



PLAY LEADERS

It has been brilliant to see so much lovely weather over the previous fortnight. Our Play Leaders have enjoyed leading games on our school field and helped with getting out more equipment including books for our reading area, hockey sticks and tennis rackets.



GREEN TEAM

Green Team have had a busy couple of weeks replanting the wildflower garden and replenishing the bird feeders around school in order to encourage bio-diversity on our school site. We had a wonderful lunchtime today testing out the new boomerangs that Mr Hunter kindly made our Green Team as Easter gifts!



We are delighted that our school is featured in Link Magazine spring 2026 edition.

Copies are available to pick up from collection points across the diocese. This latest issue is full of inspiring stories highlighting the differences churches and their members make in their communities.

Find your nearest collection point: <https://bit.ly/LINKmagazine>



WORSHIP COUNCIL

Worship Council have helped lead collective worship during Holy Week. They got into role on Monday for Palm Sunday worship; waving palm branches and laying their cloaks on the floor for Jesus' arrival. Today, we have followed the story throughout the day thinking about the last supper, the crucifixion and the resurrection. They have acted, learned lines and read from the Bible and have taken it all in the stride! Well done to everyone.







YOUNG LEADERS

We're looking forward to planning some charitable events next term within Young Leaders. We have been looking at both national and local charities and are in the process of deciding which charities we would like to support as a school.



LIBRARY CHAMPIONS

The Library Champions have enjoyed adding some new books to our library. We have used our Book Fair tokens to buy some requested books for children on Accelerated Reader! As always, they have helped to tidy the library boxes and made sure that the books are organised correctly. Thank you!



RED NOSE DAY

Thank you to everyone who contributed to our collection for Comic Relief last Friday - we raised an amazing £120 for this wonderful charity. The children looked amazing in red and this years decorate your own noses were a big hit!

Clubs for summer term 1 (April/May)



We are delighted to be able to offer a range of extra-curricular activities for our children.

- **Choir** with Charlotte from Music Partnership North - Monday 12:30pm (Years 1 - 4)
email: admin@archbishop.newcastle.sch.uk
- **All Stars Bible Club** (run by a group of parents and church volunteers) - Tuesdays (fortnightly) 12:30pm (Reception - Year 4) email: beckymcbride90@gmail.com
- **Violin** - Monday after school with Charlotte from Music Partnership North (Years 3 & 4)
<https://forms.office.com/pages/responsepage.aspx?id=wLSfsgQNn0q0YsEpSx4bR6HhZ8onp51DiB-iHdtAkHdUNzg1S08yUTdTR0hGRzJSMkQySU5PVUJFVi4u&route=shorturl>

- **Guitar** with Jack from Music Partnership North (Years 2, 3 & 4) - Tuesdays after school
<https://forms.office.com/pages/responsepage.aspx?id=wLSfsgQnN0q0YsEpSx4bR6HhZ8onp51DiB-iHdtAkHdUNzg1S08yUTdTR0hGRzJSMkQySU5PVUJFVi4u&route=shorturl>
- **Gosforth Voices** (Years 2, 3 & 4) run by Music Partnership North on behalf of Gosforth Schools Trust <https://www.newcastlemusicsservice.co.uk/ensembles>
- **Gosforth Band** run by Music Partnership North on behalf of Gosforth Schools Trust (Years 3 & 4) <https://www.newcastlemusicsservice.co.uk/ensembles>
- **After School Football** with Lee Sterry (Years 3 & 4) Tuesday 3:30-4:30pm
<https://www.ls-sc.co.uk/>
- **Lunchtime football** with Mr Hunter/ Lee Sterry. No need to book and no charge - just bring a change of shoes and come along! (Year 3 & 4 12:00 - 12:20pm, Years 1 & 2 12:20-12:40pm)

Please note that any issues relating to clubs organised by external providers should be made directly to them, not to school, please.



10 - Breakfast Club runs daily, 7:45am - 8:45am

BREAKFAST CLUB

We are pleased to offer our own Breakfast Club (7.45am - 8.45am) and After School Club (3.15pm - 5.30pm) in our school hall. If you have any queries regarding menus or activities, please email wraparound@archbishop.newcastle.sch.uk

Breakfast Club sessions cost £6.00 to include breakfast of cereal/toast and milk/orange juice. Children must arrive before 8.15am if they require breakfast.

The URL to access the booking system is <https://archbishop-runcie.cbfs.uk/>

Contact email address: archbishopruncie@childcarebookingsforschools.co.uk

Contact phone number: 01444 523335

REDUCED PRICES & SUBSIDISED COSTS: If you are entitled to Tax Free Childcare, then in effect this will reduce the cost of childcare by 20% (equivalent to £4.80 a day). See : <https://www.gov.uk/tax-free-childcare>.

If you receive Universal Credit, you may be able to claim back up to 85% of the cost of childcare. This means Breakfast Club would only cost 90p a day! Check here:

<https://www.gov.uk/help-with-childcare-costs/universal-credit>

AFTER SCHOOL CLUB

Our After School Club runs 3:15-5:30pm, Monday - Friday.

Afterschool Club:

- 3.15- 4:15pm is £6.00
- 3.15-5.30pm is £12.50 and includes a snack and drink.

This week, we have been gathering suggestions from our children (at ASC) and parents/carers (via the display board in the main entrance). We are delighted to announce that the children have voted to have a Film Night to watch 'How to train your dragon' on Thursday 5th February. This is open to all but spaces must be booked as normal via Childcare Bookings for Schools.

Bookings for Wraparound Care are managed by Childcare Bookings for Schools. You can pay using either a debit/credit card or using childcare vouchers.

The URL to access the booking system is **<https://archbishop-runcie.cbfs.uk/>**

Contact email address: archbishopruncie@childcarebookingsforschools.co.uk

Contact phone number: 01444 523335

REDUCED PRICES & SUBSIDISED COSTS: If you are entitled to Tax Free Childcare, then in effect this will reduce the cost of childcare by 20% (equivalent to £4.80/£10 a day). See : <https://www.gov.uk/tax-free-childcare>.

If you receive Universal Credit, you may be able to claim back up to 85% of the cost of childcare. This means After School Club would cost from 90p per day! Check here:

<https://www.gov.uk/help-with-childcare-costs/universal-credit>

Out of Hours Emergency Number

11 - Wraparound phone can be used outside school office hours (7:45-8:45am/3:15-5:30pm)

Wraparound have a mobile phone that parents/carers can use outside of school office opening times. This number should be used before 8am or after 3:30pm if you need to contact the wraparound team.

They can be contacted by calling 07340117366. This phone is not active during the school day and should not be used to make or cancel bookings.

Collective Worship

This week we have reflected on the events of Holy Week. With the help of Worship Council, we have watched the Easter story unfold. Children have been very engaged, responsive and reflective throughout. Please see Facebook for pictures of what we have been up to!



Church Links



St Nicholas' Church sent home a flyer of upcoming services earlier this week - please check your child's bookbag for details.

All Saints' also have lots going on - please see images below.





Holy Week Services

Palm Sunday 29th March

- 8.00am Holy Communion
- 9.30am Procession of Palms and Eucharist
- 3.00pm Holy Communion in the Centre
- 6.30pm Stations of the Cross

Monday, Tuesday & Wednesday

- 7.30pm Compline - a reflective service

Maundy Thursday 2nd April

- 7.30pm Eucharist of the Last Supper

Good Friday 3rd April

- 10.00am Children's Service
- 11.15am Act of Witness at Trinity Church
- 2 – 3pm The Final Hour

Holy Saturday 4th April

- 8.00pm Easter Vigil

Easter Day 5th April

- 8.00am Holy Communion
- 9.30am Parish Communion
- 6.30pm Choral Evensong

Parent workshops



DE-DESCALATION WORKSHOP

Thank you to the parents and carers that attended the workshop last week, run by Newcastle's SEMH team. Routines, sleep and parenting support were all discussed and the team have asked us to pass on their thanks to the attendees. If you have any concerns with your child(ren)'s emotions, please do not hesitate to reach out to Mrs Ellwood (SENCo) or your child's class teacher.

SCHOOL NURSE WORKSHOP

Thank you to everyone who attended the session with the School Nursing team earlier this week - the turn out was excellent and feedback was incredible.

If you would like an appointment one to one with the School Nurse team, Lauren is in school one afternoon per month and would be happy to meet with you to discuss any issues or concerns you may have surrounding your child's health. You can contact Mrs Coates in the office and she can make an appointment for you.

PTFA update



EASYFUNDRAISING

Shop with over 8,000 retailers via #easyfundraising and earn a free donation for Archbishop Runcie First School PTFA, Gosforth at the same time.

All the big names like eBay, Argos, John Lewis & Partners, Etsy, Tesco and Just Eat are ready to donate. It won't cost you anything extra!

Please sign up today and they could win a £250 donation:

<https://join.easyfundraising.org.uk/archbishoprunciefirstptfa/kxzsy/s2s/FZ9Up2Ac/SE870/facebook/>

PTFA MEETING

At the meeting last week, the PTFA were seeking feedback about recent events - if you have any thing to share, please get in touch.

Shela will be running a Chai Tea event on Wednesday 1st July - more information will follow from the PTFA but please save the date.

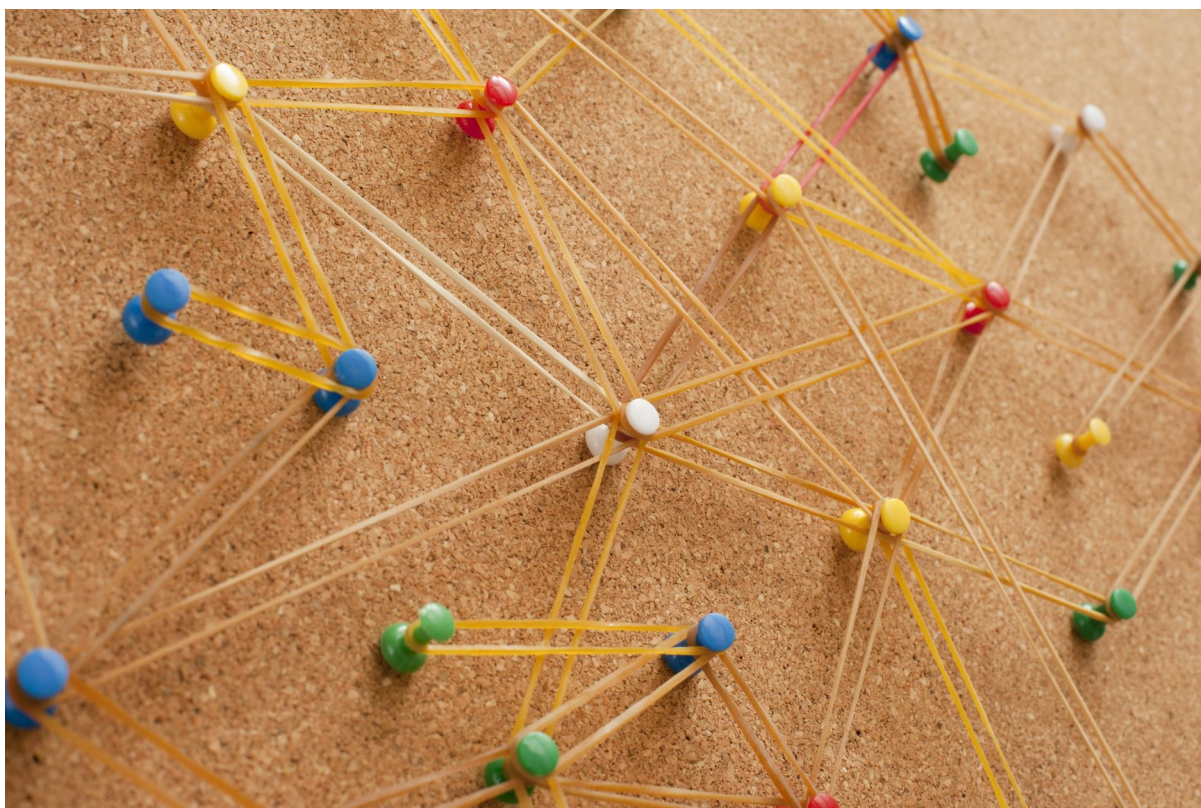
Next meeting - Friday 1st May, 9:00am, in school.

EASTER EGG HUNT

Thank you to the PTFA for arranging the easter egg hunt this afternoon. The children were all very enthusiastic and had a great time looking for their eggs! Nursery & Reception even had a very special visitor which they were very excited about.



School News



DROP OFF

As you know, we operate a drop off window in the mornings (8:35-8:45am). The aim of this is to enable children to enter school calmly and to offer parents the opportunity to speak to a member of support staff on the doors if the need arises. It also means that Christon Road is slightly less congested and eases parking around school.

Children should not arrive at school without an adult under any circumstances. The roads around the school site are extremely busy and it is not safe for children aged 9 and below to manage these independently.

The staff are not responsible for children until they enter the building at 8:35am. Children **must be supervised** by a parent/carer (over the age of 18) until they enter the building.

Under no circumstances should children be left on the yard, before school, without a responsible parent/carer.

Thank you for your understanding and co-operation.



Is your child a Young Carer?

A young carer is a carer who is aged under 18 who looks after a parent, sibling or grand-parent who may have a disability, serious illness, a mental health issue or an alcohol, drug or substance problem.

Newcastle Young Carers (under 18) and Young Adult Carers (16-25) can access dedicated support through [Newcastle Carers](#), including one-to-one support, social activities and school support. Benefits include grants for wellbeing, free travel initiatives (16-25) and a Young Carers Bursary for 16-18 year olds

Newcastle City Council can supply them with free passes for the bus or Metro and entry to local sites e.g. Alnwick Gardens and Beamish.

Please let the school office know if your child is a carer.

<https://www.newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/are-you-young-carer>



DONATIONS NEEDED, PLEASE!

As spring arrives, we are looking forward to re-stocking and enhancing our playground activities for all our children . Our older children enjoy playing outside as much as the younger ones and we are looking for ways to keep playtimes fun and interesting. If anyone has any of the following items they could donate, we would be most grateful. Thank you!

- Dressing up costumes (age 6+)
- Dance/cheerleader pom-poms/props
- Children's magazines
- Non-fiction books about British garden wildlife
- Pots, pans and utensils
- Tennis balls



JAM JARS

Mrs Lowe is seeking donations of empty jam jars (with lids), please. If anyone has any to donate they can be dropped off at the school office. Thank you!



CAKE SALE

Many thanks to Year 1 parents and carers for the cake donations last week - Year 1 raised a fantastic £34.

The next cake sale will be run by Reception on Thursday 21st May - all donations will be gratefully received. Please remember to list ingredients of any homemade goodies! Thank you.

Please note that our cake sales are now cashless. Contactless payments can be made with a debit card or phone via our school SumUp machine.



WONDE VOUCHERS

The Local Authority will be funding vouchers for 2 school weeks to the value of £15 per week, for each eligible pupil, for the Easter holiday. These are scheduled to be issued on Saturday 4th April.

If you think you may be eligible please visit

https://www.newcastlelea.org/CitizenPortal_LIVE/en

Sporting News



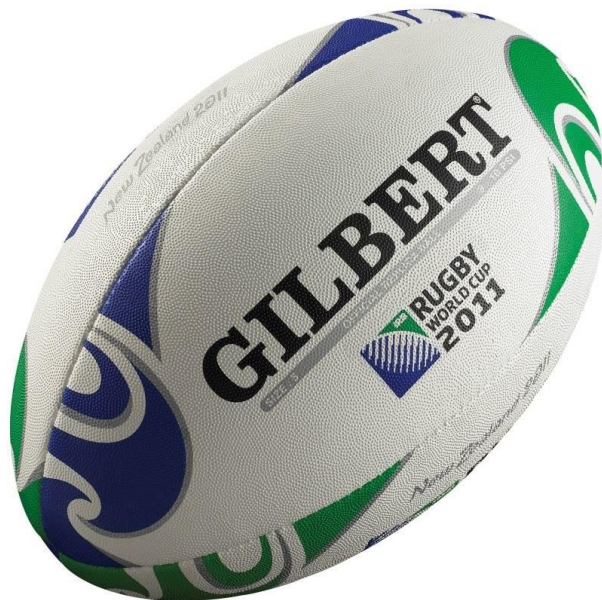
DANCE FESTIVAL

Children from Years 3 & 4 performed at Whitley Bay Playhouse on Wednesday for the annual dance festival. It was such a wonderful afternoon and the children did us proud! Thank you to Miss Armstrong who helped them rehearse and produce a wonderful act.



RUNNING CLUB

In preparation for the North East Children's Cancer Run, Miss Armstrong will be running some practice sessions every Wednesday after school from Wednesday 22nd April. The sessions will run from 3:15 - 4:15pm and children will need trainers and water bottle. Please complete the ParentMail form that was sent out by Mrs Coates last week if your child will be attending. Thank you.



MIXED RUGBY

Years 3 & 4 visited McCracken Park in Gosforth recently and took part in a mixed rugby tournament. They played in groups of 6 and one of our groups won the entire tournament which was fantastic! Well done everyone who participated.



Children's Cancer Run, Sunday 17th May 2026

We would love you and your family to join our school team at this year's Childrens' Cancer Run at Newcastle Racecourse, Gosforth Park.

The Childrens' Cancer Run is a cross-country family fun run with a mini (1km), three-mile and five-mile route to choose from. The charity event is organised by Children's Cancer North and is once again being supported by Greggs. We are very excited to be participating in this event and would like to invite you to join us for what promises to be a fun filled family day out. All participants who pay for an entry to the run will receive a finisher medal and Greggs snack pack on the day and all children receive a Children's Cancer Run t-shirt. The fun continues in the Event Village too, with fairground rides, face painting, live music and entertainment, a Young Scientist Zone, food vendors and more!

Please complete an online entry form to join our school team:

1. Go to <https://childrenscancernorth.org.uk/event/childrens-cancer-run-2026/>
2. Click 'Sign up today!'
3. Select your registration preference (as an Adult, Child, or Family ticket type)
4. Under 'Create or Join a team' select 'Find' and type in our school name [INSERT NAME OF SCHOOL TEAM IF APPLICABLE]. Click 'Join' next to the school name.
5. Complete the remainder of the registration form and click 'proceed to payment' to complete the registration for you and/or your family.

If you do not wish to take part but wish to donate to our schools fundraising page you can do so by following the link below.

<https://childrenscancernorth.enthuse.com/pf/kate-massey-c3ef0>

If the school receives Pupil Premium funding for your child, the school can use the funding received to pay for their entry. Please contact the school office.

Training sessions will begin after Easter every Wednesday after school.

Volunteer with us!



We are always looking for people to come and help in school! If you are interested in helping in school, please contact Mrs Lowe in the school office (admin@archbishop.newcastle.sch.uk). All volunteers will require DBS clearance, and will need to provide references in line with our commitment to Safer Recruitment.

Please note that volunteers must not use their mobile phones during school visits and they must maintain confidentiality at all times. All volunteers will need enhanced DBS checks for this role.

Dates for your diaries



Please see diary dates attached - this term is a busy one so please check you have added everything to your calendar! Dates can also be viewed on the school calendar at <https://archbishop-runcie.eschools.co.uk/web/calendar>

Mrs Coates regularly puts reminders of events on Facebook and Instagram to prompt parents too - please follow us to keep up with what's happening in school!

Safeguarding





WORRIED ABOUT A CHILD?

Mrs Massey, Mrs Francis, Mrs Crozier and Mrs Ellwood are our school's Designated Safeguarding Leaders (DSLs). Mr Brown is DSL for Wraparound care. Children are regularly reminded who they can talk to if they are worried about something in school.

If you have concerns about a child, please contact one of us. **If it is an emergency and a child is in immediate danger, please call the police.** Members of the public can also report concerns to Children's Social Care directly. If you have a concern about a child please contact one of the following:

If you have a non-emergency concern about a child contact:

- Initial Response Service – 0191 277 2500
- Emergency Duty Team – 0191 278 7878 (out of hours)
- Northumbria Police – 101 (in an emergency always dial 999)
- NSPCC Helpline – 0808 800 5000

There is also a secure online referral form available for you to explain your concern, if you are a member of the public. <https://nccportal.newcastle.gov.uk/forms/referral/public>

All concerns that a child or young person is suffering or is at risk of suffering significant harm must be referred directly to the Initial Response Service of Children's Social Care in accordance with the Newcastle Safeguarding Children Board Procedures. Please refer to the Newcastle Safeguarding Children Partnership website for safeguarding policies and procedures. For more information, you can read our Safeguarding and Child Protection Policy on our school website.



Community Notices





SEND PARENTS & CARERS SUPPORT GROUP

Does your child have a special educational need or disability? Would you like to talk to other parents/carers or get advice from professionals? Whether your child has a formal diagnosis or not, you are invited to drop in to the SEND Support Group for an informal place to chat and get advice.

These sessions run every Friday 10:00am-11:30am and Tuesdays 4:00-5:30pm at Gosforth Civic Theatre. No need to book - just turn up!

COMMUNITY HUB NORTH

Children & Families Newcastle is part of a community network providing activities and services across four localities in the city for babies, children, young people and families. We are part of the North Community Hub. Community hubs link to other buildings in the locality to create a network of venues that offer activities and services.

The community hubs also offer a range of services including – health visiting, family support, community midwifery, mental health support, children’s therapies, youth provision, training opportunities, childcare and employability services. To find out what is available near you, telephone your local Community Hub at Fawdon Children’s Centre, Cairns Way, Newcastle upon Tyne, NE3 2SN. Telephone 0191 2115773 Monday to Friday 8.30am to 4.30pm.

<https://www.newcastlesupportdirectory.org.uk/north>

Would you like to learn about autism, parent well-being and find community?



Are you a parent/carer of an autistic child aged between 2-15 years old?

Has your child been diagnosed within the last two years?

We would love you to join one of our free parent groups funded by the National Lottery Community fund.



- **Empower-Autism** groups help parents/carers understand and adjust to the new diagnosis, parent their autistic child well, and stay healthy and well as a parent/carer.
- **Empower-Autism** consists of five 3-hour sessions delivered online. Sessions are led by two facilitators who have substantial professional expertise and their own lived experience.
- **Empower-Autism** has been developed by researchers at the University of Manchester and evaluated in a large clinical trial. Results showed that parents/carers really value the programme and experienced significant benefits that lasted over the course of a year.

"I've learned to see the world how my son sees it"

— PARENTS OF AUTISTIC CHILDREN

"It's a good mental well-being toolkit"



For more information please visit our website

www.empower-autism.co.uk

Or contact our team at enquiries@empower-autism.co.uk

MANCHESTER
1824
The University of Manchester



12 - For family support, please scan.



13 - To see what is happening in the city, please scan.

SEND LOCAL OFFER

The Local Offer tells you what support is available in Newcastle. You can find out about schools, health services, and activities. It also helps families get the right help and support.

<https://childrenandfamiliesnewcastle.org.uk/send-local-offer>



Contact Us



Archbishop Runcie CE First School

Christon Road

Gosforth

Newcastle upon Tyne

NE31US

Visit us on the web at <https://archbishop-runcie.eschools.co.uk/web>

Tel: 0191 285 2663

email: admin@archbishop.newcastle.sch.uk